

CLASS SPECIFICATION
County of Fairfax, Virginia

CLASS CODE: 3659

TITLE: BEHAVIORAL HEALTH NURSE CLINICIAN/CASE MANAGER

GRADE: S-24

DEFINITION:

Under clinical and administrative supervision, performs a variety of behavioral health nursing services for medically compromised clients with acute mental illness, substance use disorders, and developmental disorders; provides direct care, medication management, and case management services including physical/mental assessment, nursing diagnosis, supportive counseling, psychoeducation programming, direct psychobiological and nursing interventions, and crisis intervention treatment; provides nursing support to medication clinic operation of assigned programs; and performs related work as required.

DISTINGUISHING CHARACTERISTICS OF THE CLASS:

The BHN Clinician/Case Manager differs from the BHN Clinical Nurse Specialist in that the BHN Clinician/Case Manager performs a variety of behavioral health nursing services under clinical supervision, whereas the BHN Clinical Nurse Specialist serves as a clinical expert and a licensed primary therapist, performing a comprehensive array of behavioral health nursing services with significant independence.

ILLUSTRATIVE DUTIES:

Provides nursing services to clients, including administering injections, collecting vital signs, administering tests and interfacing with other nursing staff;

Provides nursing support to psychopharmacological services, crisis intervention, and case consultation for clients with substance use disorders or serious mental illness;

Administers, schedules and coordinates medication clinics/medical services, including delivery of medication, monitoring medication room, and inventorying medications;

Complies with state pharmacy guidelines in ordering, storage, and disposal of medications;

Monitors client responses to psychobiological and nursing interventions, medications and other treatments;

Performs quality assurance review;

Performs physical/mental health assessments, including laboratory testing of new clients at intake and to clients on an ongoing basis as case manager;

Monitors and assesses clients to identify contributing or co-occurring mental health issues;

Monitors and assesses clients for risk of harm to self and/or others;

Provides nursing assistance and information to clients through the telephone "nurse of the day" service;

Manages medical needs and urgent care needs of clients;

Monitors and assesses medical status of clients in the process of detoxification;

Develops a therapeutic relationship with clients, provides supportive counseling, psycho-education, and health teaching for both individuals and groups;

Serves as case manager for clients for whom medication compliance is essential for remaining out of the hospital;

CLASS CODE: 3659

TITLE: BEHAVIORAL HEALTH NURSE CLINICIAN/CASE MANAGER

GRADE: S-24

Page 2

Participates on inter-/intra-agency case management teams, providing nursing consultation and effective integration between clinical and psychopharmacology services;
Documents assessments, treatment plans and quarterly reports on clinical status of clients;
Plans, develops and leads group and individual psycho-education, health education and wellness programs;
Researches available community, private and government resources and support.

REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:

Knowledge of nursing standards, theories, principles, practices, methods, processes, and procedures;
Knowledge of federal and state pharmacy and medication clinic regulations and guidelines;
Knowledge of documentation, nursing diagnosis, and quality assurance;
Knowledge of human growth and development, anatomy and physiology, pharmacology (e.g., side effects, contraindications), preventive medicine, epidemiology, and nutrition;
Knowledge of psychiatric, psychological, and/or sociological terminology and concepts;
Knowledge of substance use disorders and addiction signs and symptoms, assessment techniques, treatment interventions and approaches;
Knowledge of available community resources for referral or the ability to rapidly acquire such knowledge;
Ability to perform technical and complex nursing procedures (e.g., injections, venipuncture, blood pressure screening, STD check, tube feeding, nebulizations), administer treatments and medications, and use medical equipment in delivering services to clients;
Ability to perform emergency treatment(s), with limited supervision, for life threatening conditions;
Ability to manage a caseload;
Ability to perform mental and physical health assessments and apply treatment approaches/modalities;
Ability to assess and monitor the effects of medications;
Ability to assess level of risk for harm to self or others;
Ability to develop and implement treatment plans/programs for individuals and groups;
Ability to work as case manager in a multi-disciplinary team;
Ability to maintain effective working relationships with co-workers, public and private organizations, community groups, and the general public;
Ability to communicate effectively, both orally and in writing;
Ability to maintain records and prepare reports.

EMPLOYMENT STANDARDS:

Any combination of education, experience, and training equivalent to the following;
Graduation from an accredited college or university with a bachelor's degree in nursing; PLUS
2 years of post-licensure experience as a nurse, in the specialty area of psychiatric mental health nursing, substance use disorders, mental retardation, or relevant clinical specialty;
OR
Graduation from an accredited college with an associate degree in nursing; PLUS

CLASS CODE: 3659

TITLE: BEHAVIORAL HEALTH NURSE CLINICIAN/CASE MANAGER

GRADE: S-24

Page 3

4 years of post-licensure experience as a nurse in the specialty area of psychiatric mental health nursing, substance use disorders, mental retardation, or relevant clinical specialty.

CERTIFICATES AND LICENSURES REQUIRED:

Possession of a current license to practice as a Registered Nurse in the Commonwealth of Virginia or a multistate licensure privilege to practice as a Registered Nurse in Virginia;

NECESSARY SPECIAL REQUIREMENT:

Criminal background record check;

TB screening upon hire and annually thereafter.

Contingent upon area of assignment, some positions within this class will require a National Provider Identifier.

ESTABLISHED: April 3, 2007